

# "...living the natural way! You are here to make a difference! Go, change the world! Starting within yourself!

# This project is financially supported by the European Commission through Erasmus + Programme, KA1 - Mobility of youth workers

## INFOPACK v1.0

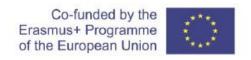
#### Welcome



Thank you for joining an activity that is building a better present. By joining this project, you are becoming part of a community that aims to bring harmony within all living things. Together, we are creating a world based on well-being of all beings living in harmony with nature and close to the inner beauty.

Natural Way Association is a very young organisation that's inspired from models of Eco Villages all over the world. Its members travelled and lived in different eco villages, with inspiration coming a lot from the Auroville in India: https://www.auroville.org/

This project is the first one. It will be between 20th - 30th of June 2020 (arrival 20<sup>th</sup>, departure morning of 30<sup>th</sup> of June) and has the following themes:





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## Themes of the project:

- ✓ Understand the principles of reuse and recycling of different waste.
- ✓ Present different methods of reuse and recycling in a creative way
- Understand the online sales systems of products realized through recycling
- ✓ Create an intercultural group of young people

#### Location

Participants are expected to arrive in Firiteaz village, Arad county in Romania, on Saturday the 20<sup>th</sup> of June 2020 and depart Tuesday 30<sup>th</sup> of June 2020, in the morning.



### Accommodation

The eco-village is under construction. By participating in this project, you will be among the first that will put the foundation of the village. The vision of the eco-village is to have eco buildings in the space presented above.

To support this concept, the group of the youth exchange will now be accommodated in different forms of tents and wooden carriages that were built by people living in Firiteaz. More details about accommodation (photos and detailed info) will be shared in April. Participants are also invited to come with their own tent, the weather and the landscape are beautiful. Rest assured that all your needs will be covered in the best possible way.



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Some samples for accommodation



## Concept

Our aim is to facilitate access for 45 young people from different countries to a different style of living and interaction with technology. Some of the methods will be facilitated by experts, some sessions will be facilitated by you.

We are expecting to learn one from another. We will share experiences and methods and you will experience different concepts in order to transfer it to your local community.

### Programme



The programme will include sessions about: The 4 R's - refuse, reduce, reuse, recycle; Campaign about zero waste; Practical workshop on up-cycling materials from plastic, wood, glass, metal; Presentation of online platforms: WordPress, Shopify and Amazon; wellbeing; Personal and professional action plan and others. Each national group will be invited to share examples and experience from their national reality.



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## People

We will continue discovering who's who in this project, when we meet. We will be 45 persons from Cyprus, Estonia, Italy, Lithuania, Romania, and Spain. Each country will send 6 young people with ages from 15 - 25 years old and 1 group leader. We are three persons in the project team. The team is made from us, various young people and youth leaders interested in living a healthy life and in harmony with the nature. Before applying, please consider the principles in this image, they are the basis of the Eco-Village Firiteaz.

#### Food

As mentioned before, the organisers will ensure three meals per day and two breaks. Please note that all the food for the entire stay there is 100% VEGAN and



non-processed food. We do not eat any processed food in the community: white pasta, white bread, white sugar, pre-packaged snacks, sodas, pre-packaged juices. The team will ensure that your menu will be diverse and balanced. Alcohol consumption and smoking will be strictly prohibited during the entire stage.