



The **CVJM Ulm e.V.** is a non-profit association with about 350 members. Since 1896 the association has had the aim to offer young people a meaningful leisure time activity. Young people should be accompanied on their way to adulthood. People, time and space are to be put at their side, which challenge and support them in their development towards a self-determined and successful life. The association is managed by a voluntary board of directors. The work is supported by trained pedagogical staff. A large number of volunteers are committed to the association and the target group of young people. In order to achieve its goals, the YMCA runs several facilities (open meetings) and the house "Jugend am Münster" as well. In Ulm, the CVJM cooperates closely with the ejw, the youth association of the protestant church.

CVJM Ulm e.V. offers in the field of youth recreation, open offers and youth groups. Meaningful recreational activities are carried out through non-formal learning, e.g. in the field of music and culture. This includes a youth group (TEN SING), in which 14 -19 years old rehearse a concert with songs, dances and other elements independently and present it to the public. Perfection is not the most important thing, but the group process is in the foreground. Democratic values are practiced during the course of the project year. Furthermore, young people are trained as youth leaders (staff basic course). The offers are supplemented by a series of training courses such as hygiene training or training in the prevention of (sexual) violence or first aid. In all these areas the volunteer should gain as much experience as possible and be able to get involved and contribute to the project. Due to the changed framework conditions at school (all-day schools), the YMCA is also involved in school-related youth work, i.e. the YMCA goes to school to offer non-formal education. As a local association, the CVJM Ulm e.V. is also involved in local politics (member of the Stadtjugendring, representation in the youth welfare committee or round tables on special topics, e.g. refugee work).

The CVJM Ulm e.V. does youth work in a holistic sense. Because body, soul/psyche and spirit are to be addressed in the YMCA, young people are accompanied, supported and challenged in their development towards adulthood. This leads to the project "Jugend am Münster" motivating young people to an independent and self-responsible lifestyle. Especially in the area of social competences, contents are imparted, especially with regard to tolerance towards people with different opinions and people of other nationalities, with regard to the assumption of responsibility and with regard to the understanding of

democracy. At the same time, young people are motivated by the project to become active themselves, to take the initiative for the project, but also for their own personal life. It is about a change of perspective, away from a narrow national consciousness to an international, European consciousness.

In a city like Ulm, with many young people with a migration background, it is especially important to link the goals described above with it. Through the deployment of volunteers from the Erasmus+ programme, German volunteers and guests of our work actively engage with the topic of tolerance. The cooperation between volunteers (volunteer employees) and volunteers from the Erasmus+ project promotes mutual understanding between young people from different countries. Different views and opinions (due to different cultural backgrounds) are addressed and worked on. It is not a question of whose views prevail, but rather of recognising that, regardless of their origin, valuable impulses for living and growing together in Europe are provided by both parties and must and may be inserted. The integration of young people through Erasmus+ enriches the life in a young and dynamic association like the CVJM Ulm e.V. and, according to the experience of the past years, causes an enormous broadening of horizons on both sides.

Arrival and departure:

The arrival and departure will be discussed with the volunteer and will be replaced by us 100%.

Accommodation:

Rented apartment for 3 persons directly at the place of service; one room is reserved for the volunteer, use of kitchen, washing machine etc. and other adjoining rooms

Insurance/security:

The volunteer is insured through European Benefit

It is ensured that the volunteer feels from the beginning that he/she has a contact person for all questions concerning the stay and the tasks in the project. Open questions and problems are dealt with quickly and competently. The host organisation (supervisor) is responsible for clarification and regulation with the participation and agreement of the volunteer. In case of crises, it is guaranteed that effective help and support is organised and provided.

All health and safety conditions are of course complied with. Smooth contact with the sending organisation is guaranteed at all times.

Visa: if necessary, a visa will be applied for. With the planned partner organisation in Italy this is not an issue

Mentoring and support:

Mentor and volunteer meet regularly for exchange. In the beginning, of course, the new situation of being a foreigner in a foreign country is the topic. Furthermore, the mentor provides support with language problems. The mentor clarifies open questions and helps the volunteer to cope with everyday life and should help to establish contacts in society and to find suitable leisure and connection possibilities for the volunteer.

In addition, the mentor gives support in the creation of the Youthpass

Preparatory meeting:

A specific prep meeting is not scheduled. All points will be discussed in detail via Skype and telephone.

For more than 15 years, the YMCA has been participating in European programmes to promote the European consciousness of young people within its youth work.

A further project year is planned from September 2022 to July or August 2023.

A young person from another European country takes part in the project in annual rotation.

The implementation of the project takes place mainly in the house "Jugend am Münster". A wide range of activities should give the volunteer as much insight as possible into the work of a youth association. This includes working in the youth café management team: (training/supporting the volunteer German staff), organising lunch for pupils and dealing with the problems of the young participants.

During school holidays, we offer lunch in our 'Cafe JAM' from Monday to Thursday, mainly for schoolchildren and students. Adults can also come, but pay more.

It serves as a low-threshold offer for young people. Here we want to get in touch with children, teenagers and young adults.

Recreational activities, youth leader courses for volunteers and seminars are also part of our programme in which the volunteers participate.

Volunteers are also welcome to organise their own projects.

In addition, the volunteer is involved in the culture working group (organizes cultural events in the house), as well as in the musical-cultural youth work TEN SING (teenager singing). Project goal: Rehearsing a performance ready for the stage with 30 - 40 young people, taking into account the group process. Teaching social skills, understanding democracy.

Leisure activities for children and teenagers: Pedagogical cooperation during structured prepared holidays in summer and winter. Cooperation in weekly group lessons for children and young people.

The volunteer will be intensively prepared for his/her assignment by an outgoing seminar and will be familiarized with the different activities after arrival. Regular service meetings with the full-time staff of the house, weekly meetings and feedback sessions, active participation in the meetings of the volunteer café team and the organization team of TEN

SING, help the volunteer to get into the work processes constructively. In all areas, the volunteer's interests and skills are referred to.

For all stakeholders, the project aims to increase the awareness of Europe. The aim is a grown understanding for a common Europe, which will help against prejudices, racism and other attitudes of exclusion and ultimately promote the idea of tolerance.

Project time of the volunteer

During her project time at our youth centre JAM, the volunteer is integrated into the service community with various employees and works in various events, at the lunch table for pupils, students and in projects such as youth politics in various teams.

Promoting an understanding of democracy. European solidarity. Experiencing community in groups. Awakening understanding for people with disabilities. Living and enabling hospitality in our youth centre. Our youth centre should be perceived as a safe, people-friendly place. Promote a good culture of dialogue and behaviour.

Offer group programmes and projects such as recreational activities for children and young people with the involvement of volunteers.

Offer a lunch programme from Monday to Thursday for pupils and students. Further education and training for volunteers. Offer programmes in parishes in the district with the participation of associations, municipal facilities and parishes. Various youth cultural events. Participation in community events. Depending on the event, between 30 and 300 people.

Participation and involvement of volunteers in youth policy events, cultural events, staff training for volunteers, projects with children and young people in church communities, weekend camps with young people, ...

It is also possible for the volunteer to plan and carry out their own project.

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