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Infopack
SIDECAR




*Open Call for Volunteers
12 months - Spain*




**CUERPO
EUROPEO
DE SOLIDARIDAD**



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We are looking for a volunteer for “Sidecar”, a project about mental health, inclusion and youth counseling in the framework of the cooperation between the associations Youropía and Hierbabuena



When? June 2026 - June 2027

Where? Oviedo (Asturias, SPAIN)

Who? people from 18 to 30 from programme countries, with interest and sensitivity in the areas relevant to the project and that can join during June 2026

What do you need to apply? Send us a motivation letter and your CV to info@youropia.eu

Sidecar is funded by the European Solidarity Corps.



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As a volunteer in SIDECAR Project, you will be working with two organisations:

Youropía is a cultural association that brings Europe closer to local youth, promoting equality, active citizenship, and participation. Through European projects and cultural activities, it fosters exchanges and collaboration between young people from different backgrounds.

Hierbabuena is an association made up of people with mental diversity and psychosocial experiences. It works to promote autonomy, rights, and empowerment, raise awareness of mental health issues, combat “sanism,” and foster social integration.



Activities

The volunteer will mainly work with **Youropía**, supporting activities with youth and people with fewer opportunities:

- Summer: working in **urban summer camps** with local children
- From September: most work will take place in the **Fine Arts Museum**, assisting with youth visits and workshops
- Other activities: cooking workshops, educational talks, youth project follow-up, creation of posters and materials, and social media support



With **Hierbabuena**, the volunteer will:

- **Support activities** such as “Chat and Walk,” creative workshops, and excursions
- Assist with specific projects like MadPride
- Participate in **awareness campaigns** and communications


The weekly schedule also includes personal mentoring and language training.





PROJECT OBJECTIVES

For the volunteer:



- Develop personally and acquire new skills
 - Be an active part of the local community and contribute to social transformation
 - Create a personal project within the framework of the volunteer service
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For the local community:

- Support the work of the organizations
- Increase participation of groups with fewer opportunities
- Provide visibility to resources and tools
- Create spaces of trust and collaboration



VOLUNTEER PROFILE

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- **Aged 18–30**, resident in ESC programme countries
 - Interested in mental health, inclusion, and **youth work**
 - Open, sociable, empathetic, and willing to listen, learn, and collaborate
 - Spanish is a plus, but not required
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VOLUNTEER BENEFITS


- **Round-trip travel** covered according to ESC rules
- Accommodation in a **single room** within a shared apartment (bills included)
- **Pocket money:** €6/day and €185/month for living expenses
- **Health insurance** (HENNER)
- Online and offline **Spanish courses**
- Support from a **mentor and supervisors** in each organization






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WHAT DO YOU NEED TO APPLY?



Send us a **motivation letter and your CV to**
info@youropia.eu



If you do not include the CV or the motivation letter,
your candidature won't be taken in consideration
You will need a sending organization from your
country.

ANY QUESTIONS?

Contact us via email (info@youropia.eu)

